



Supported Loving

How Best to Support My Loving



What is Supported Loving?



Discussion

- **Who are the people that you love in your life?**
- **How would your life be different without these people in it?**





Ok or Not Ok?

In groups go through the cards and decide if the activity is

“ok” or “not ok”

for people with learning disabilities to do





Sex and the law

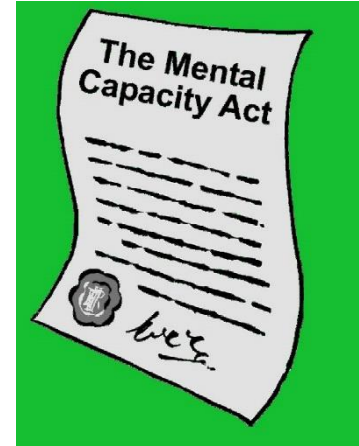


SEX AND THE LAW QUIZ

What do you know?

Mental Capacity Act 2005 Principles

- Assumption of capacity
PwLD should be assumed to be able to have relationships and sex
- People must be given support and opportunity to make decisions
PwLD should be provided with sex education
- Each decision will be assessed separately
A separate and proportionate capacity assessment should be undertaken for sexual relationships and if necessary for linked aspect, such as contraception
- Individuals have a right to make unwise decisions
Making what some might see as poor choices about sex and relationships does not mean that the person is unable to make their own decisions
- Anything done on behalf of someone must be in their best interest and least restrictive of their basic rights
Where a person lacks capacity, services can make decisions in their best interest, but all options should be considered



It can never be decided that it is in a person's best interest to get married or have sex if they lack capacity – unless there are exceptional circumstances

Capacity to have sex means understanding the following:

- The mechanics of sexual act and its character
- That sex between a man and a woman can result in the man becoming pregnant
- That there are health risks involved in sexual relations
- That you have a right to say no and are able to communicate this

D Borough Council v AB (2011) EWHC 101 (COP)

London Borough of Southwark v KA & Ors (2016) EWCOP 20



People with learning disabilities enjoy sex. It's a fact of life.



Main Discussion

Discuss the key challenges that you are currently dealing with or think may be a challenge when working with people who have a learning disability

Thanks to Jordan & William who
www.darlingmilk.co.uk